



PRESENTS:

2022 CONFERENCE **A MORE RESILIENT FUTURE**

Florida State University | Tallahassee, FL
October 25–26, 2022



HOSTED BY:



FLORIDA STATE UNIVERSITY
COLLEGE OF SOCIAL WORK

WELCOME

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(she/her/hers)
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University of Pennsylvania

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CHAIR’S WELCOME

On behalf of ARC’s leadership, welcome to the 2022 Academic Resilience Consortium Conference.

ARC is proud to host this opportunity to share, network, learn, and grow together as an organization that cares deeply about students in higher education. Florida State University is honored to hold the event on our campus this year.

Our theme is “A More Resilient Future.” We’ve often heard that faculty, staff, administration, and students seek innovative ways to move forward after the pandemic. They want unique programs and practices that will bolster academic success. They seek new approaches to help increase the resilience of everyone who supports those students, on and off campus.

So take this opportunity to think differently. Consider how you might adapt ideas to your own campus. And make time for yourself, too. Enjoy the Resilience Happier Hour and Resilience Café Breakfast. Collect handouts to share at home. Have fun. If there’s anyone who truly understands the work you do—and has the tools to help you explore ways to improve it—they are in this room.

On behalf of my colleagues at ARC and FSU, we are so grateful you’re here.

Sincerely,

Karen Oehme, J.D.,
ARC Steering Committee Chair
FSU Distinguished University Scholar

CONFERENCE SCHEDULE DAY 1 - OCTOBER 25

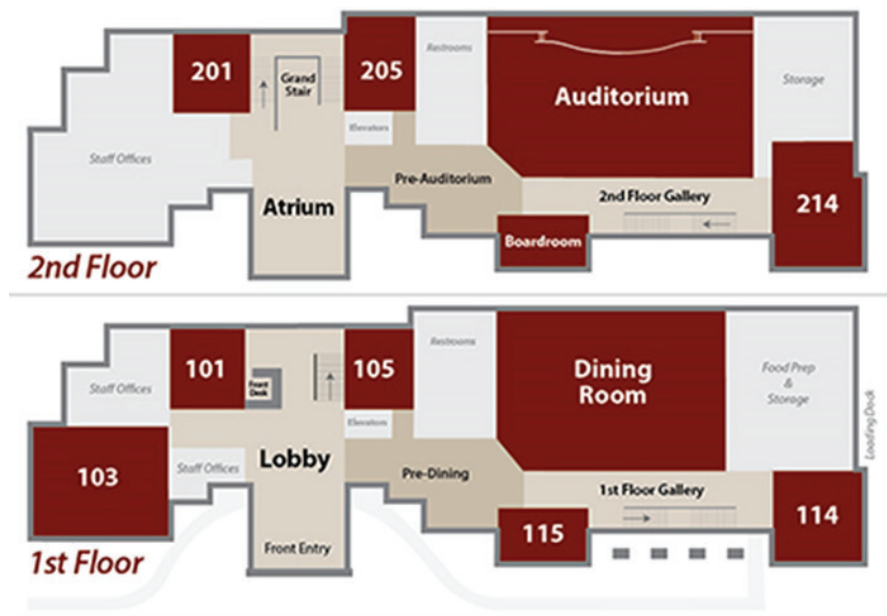
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| Conference Registration | 11:00 am - 12:00 pm |
| Box Lunch and Networking | |
| Welcome | 12:00 - 12:15 pm |
| Karen Oehme: Introduction of Board Members | |
| Mark Zeigler: Welcome from FSU Administration | |
| Keynote Speaker | 12:15 - 1:15 pm |
| Charles Clark: <i>Adversity Makes You Stronger</i> | |
| Breakout Sessions #1 | 1:15 - 2:15 pm |
| <i>Culture of Resilience in the Pandemic and Beyond</i> | |
| Diana Morelen, Ph.D., IMH-E - Associate Professor, Department of Psychology, East Tennessee State University | |
| Wallace Dixon, Jr., Ph.D. - Professor & Chair, Department of Psychology, East Tennessee State University | |
| <i>COVID-19, Mental Health, and Resilience in Higher Education</i> | |
| Sara Gorman, Ph.D., MPH - Senior Manager, Design & Impact, JED Foundation | |
| Erlinda Delacruz, MA - Senior Campus Advisor, JED Foundation | |
| <i>The Academic Guides Program: A Novel Approach to Holistic Student Support</i> | |
| Chase Black, Ph.D. - Director of the Academic Guides Program, Duke University | |
| Maggie McDowell, Ph.D. - Academic Guide, Duke University | |
| Break | 2:15 - 2:30 pm |
| Breakout Sessions #2 | 2:30 - 3:30 pm |
| <i>Supporting the Student Transition to a College Learning Environment by Fostering Academic Resilience</i> | |
| Melissa Brocato - Assistant Vice Provost & Director - Center for Academic Success, Louisiana State University | |
| <i>A Graduate CSD Mentoring Program Addressing Student Resilience</i> | |
| Mitzi Brammer, Ph.D., CCC-SLP - Associate Professor & Graduate Program Director, Department of Speech, Language and Hearing Sciences, Saint Louis University | |
| <i>UW Well-Being for Life and Learning Initiative</i> | |
| Megan Kennedy, MA - Resilience Lab Director, University of Washington | |
| Break | 3:30 - 4:00 pm |
| Structured Networking; Stop by the ARC elections table to learn more about running for leadership | |
| Breakout Sessions #3 | 4:00 - 5:00 pm |
| <i>The Academic Enhancement Program: Resilience Coaching for Special Populations at an HBCU</i> | |
| Doria "Kathy" Stitts, Ph.D. - Associate Provost for Undergraduate Education & Dean of University College and Lifelong Learning, Winston-Salem State University | |
| <i>Diversifying Pathways to Academic Buoyancy</i> | |
| Melanie-Anne Atkins, Ph.D. - Associate Director of TA Programs, Centre for Teaching and Learning, University of Western Ontario | |
| Resilience Happier Hour | 5:00 - 7:00 pm |
| Interactive and Innovative Resilience Building Activities | |

CONFERENCE SCHEDULE DAY 2 - OCTOBER 26

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|---|-------------------------|
| Resilience Café | 7:30 - 8:30 am |
| Breakfast, Networking & Resilience Activities | |
| Welcome and Plenary Session | 8:30-9:30 am |
| Student Panel Discussion | |
| Breakout Sessions #1 | 9:30 - 10:30 am |
| <i>Resilience and Diverse Student Populations</i> | |
| Jim Helling, MSW, LICSW - Senior Clinician & Athletic Counseling Leader, Center for Counseling and Psychological Health, University of Massachusetts, Amherst | |
| Elizabeth "Betsy" Cracco, Ph.D. - Assistant Vice Chancellor of Campus Life and Wellbeing, University of Massachusetts | |
| Genevieve Chandler, RN, Ph.D. - Associate Professor, College of Nursing, University of Massachusetts, Amherst | |
| <i>Integrating Structures for Trauma-Informed Healing and Community Care Campus</i> | |
| Nikita Gupta, MPH - Resilience Educator & Consultant | |
| <i>Crisis and Conflict: 4 Key Elements to Leading and Building Resilient Teams</i> | |
| Tyler (Ty) Konopinski - Director of Student Services, Asbury Theological Seminary | |
| Breakout Sessions #2 | 10:30 - 11:30 am |
| <i>Resiliency Development as an Academic Partnership</i> | |
| Rebecca Gilbert, Ph.D. - Health and Wellness Educator, Student Health Center, Indiana University | |
| <i>Universal Condition: Helping Students Deal with Grief & Loss</i> | |
| Sally Karioth, Ph.D., RN - Professor, College of Nursing, Florida State University | |
| Lunch | 11:30 - 12:15 pm |
| Networking & Inquiries about ARC Elections | |
| Breakout Sessions #3 | 12:30 - 1:30 pm |
| <i>Roots of Resiliency</i> | |
| Jennifer Thannhauser, Ph.D. - Counselor, Student Wellness Services, University of Calgary | |
| <i>The Road to Wellbeing at Boston University: Building Partnerships to Engage Our Students</i> | |
| Laura Johnson, Ph.D. - Assistant Provost for Undergraduate Affairs, Boston University | |
| Carrie Landa, Ph.D. - Executive Director of Student Wellbeing, Boston University | |
| <i>Building Resilience and Growth in the Aftermath of Challenges and Trauma</i> | |
| Joyce Mikal-Flynn Ed.D., RN - Associate Professor, California State University, Sacramento | |
| Breakout Sessions #4 | 1:30 - 2:30 pm |
| <i>Fostering Belonging to Promote Student Success: Mindset Skills Training for Faculty and Advisors</i> | |
| Omid Fotuhi, Ph.D. - Director of Learning Innovation, WGU Labs / Research Associate, University of Pittsburgh | |
| <i>Building Connections and Well Being After the Pandemic: The Gratitude Challenge</i> | |
| Alex Bolinger, Ph.D. - Professor of Management, ICCU Endowed Professor, Idaho State University | |
| <i>Spiritual Well-Being and Academic Persistence</i> | |
| Mindy Barna, Ed.D. - Associate Dean for Health Professions, College of Saint Mary | |
| Break | 2:30 - 2:45 pm |
| Debrief | 2:45 - 3:30 pm |
| Lessons Learned & Steps Forward | |

GETTING AROUND - MAP

All conference activities will take place on the 2nd Floor.



PLENARY SPEAKER



Charles Clark
Mindset Coach, Track National Champion

Presentation: *Adversity Makes You Stronger*

Charles Clark is a former three-time National Champion, ten-time All-American and the 6th fastest man in the world at age 22. After a debilitating injury, his dreams and goals were shattered, completely changing the trajectory of his life. While dealing with being at his lowest point, he started visiting schools and sharing his story with young people. Eventually, he realized that in order to make a difference, he would need to share his entire story—the good, the bad, and the difficult. He now travels the world helping people become mentally strong, build resilience, improve their habits, discover their purpose, and set goals. Learn more about Charles at thecharlesclark.com.

PRESENTERS



Diana Morelen, Ph.D., IMH-E (she/her/they/them)
Associate Professor, Department of Psychology, East Tennessee State University

Presentation: *Culture of Resilience in the Pandemic and Beyond*

Dr. Morelen is a clinical scientist committed to breaking the intergenerational transmission of trauma, adversity, and mental illness through evidence-based prevention and intervention programs. She is a licensed clinical psychologist and the associate director of training implementation and dissemination for East Tennessee State University's Strong BRAIN (Building Resilience through ACEs-Informed Networking) Institute. She also serves as a consultant for the Association of Infant Mental Health in Tennessee and as a board director of Postpartum Support International. Her work uses a trauma-informed, relationship-based, and diversity-informed approach to promote resilience from the top down as well as the bottom.



Sara Gorman, Ph.D. (she/her/hers)
*Senior Manager, Design & Impact
JED Foundation*

Presentation: *COVID-19, Mental Health, and Resilience in Higher Education*

As a public health specialist and author, Dr. Gorman has written extensively about mental health, global health, and the intersection of public health and psychology, among other topics. Gorman's first book, *Denying to the Grave: Why We Ignore the Facts That Will Save Us* (Oxford University Press, 2016) explores the psychology behind irrational health beliefs and decisions. She is working on her second book that examines medical mistrust and conspiracy theories in the wake of COVID-19.



Erlinda Delacruz, MA (she/her/hers)
*Senior Campus Advisor
JED Foundation*

Presentation: *COVID-19, Mental Health, and Resilience in Higher Education*

Erlinda Delacruz joined JED in February 2020. Her areas of focus include supporting marginalized communities in America with equitable access to treatment, systems change work, and cultural humility/competency, especially for topics related to people of color. She has held positions in residence life and multicultural affairs. Erlinda is a two-time graduate of Boston College with a bachelor's degree in sociology and master's degree in mental health counseling.

PRESENTERS



Chase Black, Ph.D. (he/him/his)
Academic Guides Program Director, Duke University

Presentation: ***The Academic Guides Program: A Novel Approach to Holistic Student Support***

Dr. Black is the Director of the Academic Guides Program at Duke University. As part of the Academic Guides team, he also offers academic and well-being support to students living in two of Duke's West Campus residence halls. He has a Ph.D. in Literature from the University of California San Diego and a background in undergraduate teaching, advising, and program coordination.



Maggie McDowell, Ph.D. (she/her/hers)
Academic Guide, Duke University

Presentation: ***The Academic Guides Program: A Novel Approach to Holistic Student Support***

Dr. McDowell is an Academic Guide at Duke University, where she provides residential-based academic advising and well-being support to undergraduate students. She holds a Ph.D. in English and Gender, Sexuality, and Feminist Studies. As an instructor and advisor she is committed to creating student-led spaces for exploration and self-expression.



Melissa Brocato (she/her/hers)
Assistant Vice Provost & Director - Center for Academic Success, Louisiana State University

Presentation: ***Supporting the Student Transition to a College Learning Environment by Fostering Academic Resilience***

Melissa Brocato has dedicated her nearly 30-year career in education, 24 within the Center for Academic Success, to helping students learn more effectively and think critically. Through her work she has demonstrated the effectiveness of academic support programs and the teaching of metacognition's effect on student academic resilience, performance, retention, graduation, and self-efficacy for all students including those in STEM and those from at-risk populations. She has developed and delivered metacognitive principles to students in transition programs from high school to college and has assisted in creating a highly effective academic coaching program at LSU.



Mitzi Brammer, Ph.D., CCC-SLP (she/her/hers)
*Associate Professor and Graduate Program Director,
Department of Speech, Language and Hearing Sciences, Saint Louis University*

Presentation: ***A Graduate CSD Mentoring Program Addressing Student Resilience***

Dr. Brammer's research interests include resilience (students and faculty), interprofessional practice, language and literacy connections, and inclusive practices. She has published and presented widely on these topics.



Megan Kennedy, MA (she/her/hers)
Resilience Lab Director, University of Washington

Presentation: ***UW Well-Being for Life and Learning Initiative***

Megan Kennedy aims to build healthy and compassionate learning communities where students, staff, and instructors thrive. She is developing and evaluating a systems-based approach to well-being that combines applied research, education, and collaborative programming across three University of Washington campuses. This includes supporting and partnering with faculty and academic departments, student health care, student life, and campus- and community-based organizations seeking to deepen their mindful capacity and resilience. Kennedy earned her master's degree in Applied Behavioral Science from Bastyr University and is a licensed therapist with over a decade of experience in public and private practice.



Doria "Kathy" Stitts, Ph.D. (she/her/hers)
Associate Provost for Undergraduate Education and Dean of University College and Lifelong Learning Winston-Salem State University

Presentation: ***The Academic Enhancement Program: Resilience Coaching for Special Populations at an HBCU***

Dr. Stitts leads a dedicated team of faculty, staff, and students who provide academic support services to students along their academic journeys. A native of Cleveland, Ohio, Stitts is a 2018-19 American Council of Education Fellow (ACE, a graduate of the 2015 class of the HERS Leadership Institute, and serves her community through membership in local and national organizations including the boards of Forsyth Futures, the Bethesda Center for the Homeless, and Alpha Kappa Alpha Sorority, Incorporated to name a few. Stitts believes that she is called to help others succeed by participating in research and providing presentations on advising, professionalism, etiquette, leadership, strategic planning, and assessment. She earned a bachelor's degree in accounting, MBA from Florida A&M University, and a doctoral degree in marketing from Florida State University.

PRESENTERS



Wallace E. Dixon Jr., Ph.D. (he/him/his)
Professor & Chair, Department of Psychology, East Tennessee State University

Presentation: ***Culture of Resilience in the Pandemic and Beyond***

Dr. Dixon is a Professor of Psychology at East Tennessee State University, Johnson City, TN, where he has served as department chair for 20 years. In 2020 he became the founding director of the ETSU Ballard Health Strong BRAIN Institute, which aims to use the science of childhood adversity and dissemination and implementation science to improve the lives of the people of the Appalachian Highlands region. He has received NIH funding for his research on temperament-cognition links in infants and toddlers, and has published two books on child development: *Parenting with Reason: Evidence-Based Approaches to Parenting Dilemmas* and *Twenty Studies that Revolutionized Child Psychology*.



Melanie-Anne Atkins, Ph.D. (she/her/hers)
Associate Director of TA Programs, Centre for Teaching and Learning, University of Western Ontario

Presentation: ***Diversifying Pathways to Academic Buoyancy***

In 2016, Dr. Atkins led the creation of a student-driven wellness education innovation hub teaching evidence-based mental health and wellness strategies. Since then, she has delivered over 250 presentations and collaborates with universities, colleges, and other organizations to develop educational resources in the areas of mental health and wellness, anti-oppressive practices in education, EDI, intercultural communications, and eLearning.



Jim Helling, MSW, LICSW (he/him/his)
Senior Clinician and Athletic Counseling Leader, Center for Counseling and Psychological Health, University of Massachusetts, Amherst

Presentation: ***Resilience and Diverse Student Populations***

Jim Helling works to expand the scope of the classroom-based "Changing Minds, Changing Lives," designed to support first-year student-athletes' successful transition into college life.



Elizabeth "Betsy" Cracco, Ph.D. (she/her/hers)
Assistant Vice Chancellor of Campus Life and Wellbeing, University of Massachusetts

Presentation: ***Resilience and Diverse Student Populations***

Dr. Cracco is charged with leading a collaborative of four key units on campus, including Residential Life, Campus Recreations, Counseling and Psychological Health and Health Promotion, to develop and implement strategic visioning and a coordinated response to the mental health and wellbeing need of the 35,000-plus students on campus. She believes that connection and belonging is at the heart of all well-being. Cracco utilizes her interpersonal skills, developed over 25 years as a clinician and leader in the field of collegiate mental health, to build collaborative partnerships across campus to forward this central goal.



Genevieve Chandler, RN, Ph.D. (she/her/hers)
Associate Professor, College of Nursing, University of Massachusetts, Amherst

Presentation: ***Resilience and Diverse Student Populations***

Dr. Chandler's passion is understanding how to build resilience to interrupt the effect Adverse Childhood Experiences (ACE) have on health risk behaviors, hard-to-treat symptoms, and chronic disease conditions. Her resilience model is the framework for strength-based interventions to develop the capacity to bounce back from stress to promote young adult health and wellbeing. She is a leader in promoting trauma informed care to eliminate seclusion and restraints and create a safe environment for patients and staff on inpatient mental health units. Mentoring as strategy to empower students, nurses, and faculty is the focus of Dr. Chandler's educational research, which has resulted in two books, the award-winning *Ultimate Guide to Getting into Nursing School* and *New Nurse's Survival Guide*, as well as two Robert Wood Johnson New Careers in Nursing awards.



Nikita Gupta, MPH, RYT (she/her/hers)
Founder, LIITE, INC-Resilience Coaching, Training, Organizational Development, Healing-Centered Programs

Presentation: ***Integrating Structures for Trauma-Informed Healing and Community Care Campus***

Nikita Gupta is a passionate and dedicated educator, program director, mentor, and resilience expert with a mission to inspire individuals and groups to enhance their ability to thrive. Gupta has been practicing and applying resilience-based approaches for over 22 years, utilizing many perspectives including energy management, mindful awareness, yoga movement/breath, coaching, and inspired-learning. Gupta obtained a Master's in Public Health (MPH) with CHES license, and has a current standing as a Registered Yoga Teacher (RYT) and Certified Life Coach.

PRESENTERS



Tyler (Ty) Konopinski (he/him/his)
Director of Student Services, Asbury Theological Seminary

Presentation: ***Crisis and Conflict: 4 Key Elements to Leading and Building Resilient Teams***

Ty Konopinski has worked in higher education for seven years, specifically in the work of conflict resolution, student conduct, development, Title IX and continuous improvement of policy for student thriving. Currently he serves in central Kentucky as a director of Student Services for Asbury Theological Seminary and work with extension sites in Tennessee, Colorado, Oklahoma, and Florida.



Rebecca Gilbert, Ph.D. (she/her/hers)
Health and Wellness Educator, Student Health Center, Indiana University

Presentation: ***Resiliency Development as an Academic Partnership***

Dr. Gilbert has worked at Indiana University's Student Health Center since 2012. Prior to this, she taught at Temple University in Philadelphia and at Indiana University Bloomington. Dr. Gilbert has a master's degree in counseling and a doctoral degree in Therapeutic Recreation. She has experience working as a counselor and recreation therapist in community and inpatient psychiatric facilities. She is a certified health coach and certified therapeutic recreation specialist, teaching multiple courses on topics related to mental health and wellness.



Sally Karioth, Ph.D. (she/her/hers)
Professor, College of Nursing, Florida State University

Presentation: ***Universal Condition: Helping Students Deal with Grief & Loss***

Dr. Karioth has taught more than 26,000 students. Her class on grief, loss, and trauma has been a 'must take' for students for over 50 years. She is a sought-after public speaker and a TV, newspaper, and radio commentator. Her private practice focuses on helping clients with loss and trauma.



Jennifer Thannhauser, Ph.D. (she/her/hers)
Counselor, Student Wellness Services, University of Calgary

Presentation: ***Roots of Resiliency***

As a registered psychologist, Dr. Thannhauser specializes in post-secondary mental health supporting students with a wide range of concerns. Her research and practice interests include holistic approaches to fostering mental health and resilience in post-secondary students, grief and loss, and adjustment to chronic illness among emerging adult populations. She is the founder of the Resilience Research and Practice Community of Practice.



Laura Johnson, Ph.D. (she/her/hers)
Assistant Provost for Undergraduate Affairs, Boston University

Presentation: ***The Road to Wellbeing at Boston University: Building Partnerships to Engage Our Students***

Dr. Johnson currently serves as the Assistant Provost for Undergraduate Affairs at Boston University, where she works with university stakeholders to develop academic programs and policies that enhance educational opportunities for undergraduate students. Johnson began her career as a faculty member in History & Literature and in Women, Gender, and Sexuality Studies at Harvard University, where she also held a variety of positions in academic affairs and student affairs.



Carrie Landa, Ph.D. (she/her/hers)
Executive Director of Student Wellbeing, Boston University

Presentation: ***The Road to Wellbeing at Boston University: Building Partnerships to Engage Our Students***

Dr. Landa is the Executive Director of Student Wellbeing at Boston University. Under the Provost's office, her department works to create a campus environment that supports student's growth, personally, interpersonally and professionally, highlighting the importance of wellbeing as a driver of student success. The office brings together multiple campus stakeholders to provide a truly integrated experience around wellbeing for a diverse student body.

PRESENTERS



Joyce Mikal-Flynn Ed.D., RN (she/her/hers)
Associate Professor, California State University, Sacramento

Presentation: ***Building Resilience and Growth in the Aftermath of Challenges and Trauma***

Dr. Mikal-Flynn is an Associate Professor at California State University, Sacramento teaching courses in Neuroscience and Trauma Informed Care. Due to her area of research and expertise she focuses on the course she created: Traumatology: An Introduction to Posttraumatic Growth (PTG) and direct application of PTG in recovery programs. Along with her family nurse practitioner practice, she continues studying and collaborating with institutions and organizations focusing on direct clinical application of metahabilitation, a recovery system which supports and guides one toward PTG. Her publications include her book: *Turning Tragedy Into Triumph and Metahabilitation; A Contemporary Model of Rehabilitation*.



Omid Fotuhi, Ph.D. (he/him/his)
Director of Learning Innovation at WGU Labs & Research
Associate, University of Pittsburgh

Presentation: ***Fostering Belonging to Promote Student Success: Mindset Skills Training for Faculty and Advisors***

Dr. Fotuhi's research focuses on the psychology of performance and motivation in the domains of academics, athletics, and workplace achievement insights, which he translates into actionable strategies for practitioners and individuals.



Alex Bolinger, Ph.D. (he/him/his)
Professor of Management & ICCU Endowed Professor, Idaho State University

Presentation: ***Building Connections and Well Being After the Pandemic: The Gratitude Challenge***

Dr. Bolinger's research focuses on team dynamics and leadership and has appeared in the Harvard Business Review and Academy of Management Review, among other outlets. He teaches classes on leadership, negotiation and decision-making, and organizational behavior. He earned his doctoral degree in management from the University of Utah. His experiences with facilitating student resilience through gratitude came while serving as the acting director of the Idaho State University Honors Program (2021-2022).



Mindy Barna, Ed.D. (she/her/hers)
Associate Dean for Health Professions, College of Saint Mary

Presentation: ***Spiritual Well-Being and Academic Persistence***

Dr. Barna has devoted the last 15 years of her career towards educating and empowering women. Her experience includes developing academic programs, curriculum, educational plans, and assessments. She earned from the College of Saint Mary a doctoral degree in education, along with an associate's and bachelor's degrees in nursing. She also earned her master's degree in nursing from Nebraska Methodist College.

ARC ELECTION INFORMATION



ARC members will be electing a new Steering Committee in November. Stop by the Election Table in the atrium to pick up information about the leadership positions that will be filled for 2023.

On Wednesday, October 26, current ARC leaders will be talking about those positions, so bring your questions to the lunchtime session. Remember, only ARC members are eligible to run for leadership.



— *Join us at* —

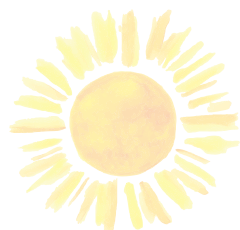
Resilience Happier Hour

October 25
5:00 - 7:00 pm

Interactive and Innovative
Resilience-Building Activities & Networking

Conference attendees are invited to attend the Resilience Happier Hour on Day 1 of the conference directly following Breakout Session 3 from 5:00–7:00 PM.

Enjoy food, drinks, music, networking, and the following creative resilience activities:



- ARC's Adaptation of Kintsugi
- Social Media Jumpstart
- Generate Gratitude
- Affirmations Exchange
- Mindful Eating
- Journal Exploration
- And much more



About ARC

The Academic Resilience Consortium (ARC) is a collaborative community dedicated to promoting academic resilience in higher education, to help college students learn, grow, and reach their goals. The faculty, staff, and students of the ARC represent the wide range of campus functions in higher education, including learning services, counseling services, advising programs, academic departments, campus life, and bridge programs, among others. The ARC itself is a learning community. We are all in this work together: improving higher education, advancing our respective fields, and promoting college student success.

Academic Resilience can be broadly defined in terms of capacities such as persistence, creativity, emotional intelligence, grit, thriving, cognitive flexibility, agency, flourishing, adaptation, addressing social justice and equity, learning from failure and success, and overcoming adversity.

ARC Collaboration goals:

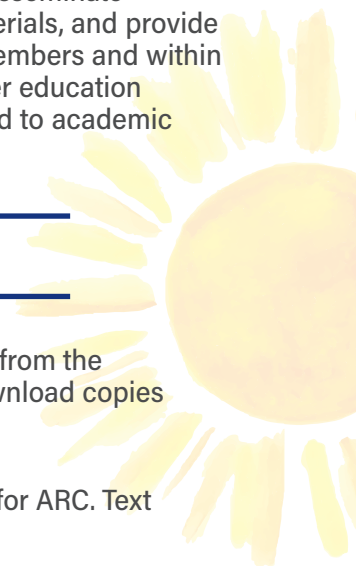
- To better understand the nature of resilience in our students' lives and work
- To develop and implement interventions/ programs to promote academic resilience
- To support research, disseminate information, share materials, and provide consultation among members and within the larger field of higher education regarding issues related to academic resilience

Join ARC at AcademicResilience.org

We're so glad you joined us for the 2022 ARC Conference! Resources from the Conference will be available on ARC's website for ARC members. Download copies of select presentations and resources provided by our presenters.

JOIN OUR MAILING LIST

Subscribe for updates to stay informed of the latest news and events for ARC. Text **ARCMail** to **42828** to join ARC's mailing list.





Our 2022 conference attendees represent the following institutions:

- | | | | |
|--|--|---|--------------------------------------|
| Alabama College of Osteopathic Medicine | Edinboro University | New Jersey Institute of Technology | University of Calgary |
| Anoka-Ramsey Community College | Embry-Riddle Aeronautical University | Northeastern State University | University of Central Florida |
| Antioch University | Emory University | Northwestern University* | University of Florida* |
| Asbury Theological Seminary | Florida Agricultural and Mechanical University | Oregon State University | University of Kentucky |
| Auburn University | Florida Gulf Coast University | Pasco-Hernando State College | University of Maryland Global Campus |
| Augusta University | Florida State University* | Pratt Institute* | University of Massachusetts Amherst |
| Babson College | Franklin & Marshall College | Rhodes College | University of Minnesota, Twin Cities |
| Bellevue College | Gadsden State Community College | Ringling College of Art and Design | University of North Florida |
| Boston University* | Georgia Institute of Technology | Rocky Mountain University of Health Professions | University of Northern Colorado |
| Brigham Young University | Gonzaga University | Royal Holloway University London | University of Pennsylvania |
| Broward College | Harper College | Rutgers University | University of Pittsburgh |
| Caldwell Community College and Technical Institute | High Point University | Saint Leo University | University of Rochester |
| California State University, San Marcos | Hillsborough Community College | Southeastern Oklahoma State University | University of Toledo |
| California State University, Sacramento | Idaho State University | Southern Regional Technical College | University of Virginia |
| Capital University | Indiana University Bloomington | St. Johns River State College | University of Washington |
| Catawba Valley Community College | Joliet Junior College | St. Louis University | University of West Florida |
| Chattahoochee Technical College | Kansas State University | Stanford University | University of Western Ontario |
| Chesapeake College | Lamar State College Orange | State College of Florida | Valdosta State University |
| Clemson University | Laramie County Community College | Sweet Briar College | Wake Technical Community College |
| College of Saint Mary* | Liberty University | Tallahassee Community College | Wesleyan University |
| Colorado State University | Louisiana State University | Texas A&M University-San Antonio | Winston-Salem State University |
| Culver-Stockton College | Loyola University Chicago | The Jed Foundation | Worcester Polytechnic Institute |
| Dawson College | Lynn University | Trinity College | |
| Dominican University of California | McGill University, Montréal | Trinity University | |
| Duke University | Miami Dade College | Tsinghua University, Beijing | |
| East Tennessee State University | Millersville University | Tufts University | |
| Eckerd College | Motlow State Community College | UC Hastings Law, San Francisco | |
| | Muskingum University | University at Albany | |

**These institutions are also institutional members. For institutional membership information, contact ARC at hello@academicresilience.org*



hello@academicresilience.org

ARC is a fiscally sponsored project of Community Initiatives

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